



SENIOR BRUNCH

February 16th

11:30-1:30pm

Featuring :

DJ- Smitty

Tickets available senior office

"It's only when you hitch your wagon to something larger than yourself that you realize your true potential."

-President Barack Obama

SHIP COUNSELOR

State Health Ins. Asst. Program

Available Friday Mornings

By Appointments Only

Contact Senior Department



"One word frees us of all the weight and pain of life: That word is LOVE!"

- Sophocles





IT'S THAT TIME AGAIN!!, JOIN US FOR OUR

SPRING BUS TRIP

TO ***THE SHORE CLUB*** (DOOLAN'S SPRING LAKE)

CELEBRATING ST. PATRICK'S DAY

TUESDAY MARCH 5, 2024

LUNCH, DANCING, LAUGHTER AND LOTS OF FUN!

\$65.00 PER PERSON (NON REFUNDABLE)

MENU TO FOLLOW

TICKETS CAN BE PURCHASED AT THE SENIOR OFFICE

HOLLOWBROOK, 2ND FLOOR, ROOM 207

609-883-1776 SONYA X 6205

ANNE X 6216

HOLLOWBROOK SENIORS NEWS 2024

Our initial meeting for 2024 was held on Friday, January 12, 2024. We discussed ideas for this year including possible trips, a summer picnic, community projects, and ideas for upcoming meetings.

Members were reminded that dues will be collected for 2024. We plan to reach out to former members to encourage them to become active again, and to welcome new members.

Next meeting will be held on Friday, February 9th at 1:00p.m. We will be celebrating “Black History Month.”

February 14th - Birthday of Frederick Douglass

An African American statesman, abolitionist, orator, newspaper publisher and author.

“If there is no struggle, there is no progress!”

Lorraine D. Hall- Reporter

CLUB D NEWS

*In January we did not officially meet. We held a club officer meeting to discuss nominate new officers, such as (**Treasurer & Recording Secretary**). We decided to wait until our February 1st meeting, also we discussed encouraging new members to join our club.*

Tula Arland- Presi-



Senior Exercise Classes

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--|
| Senior Exercise with Karen Martin 10am-11am  |  Senior Exercise with Karen Martin 10am-11am | Chair Yoga with Lisa Caruso 9am-10am  Zumba with Liz Allen 1pm-2pm  | Senior Exercise with Karen Martin 10am-11am  Balance with Bob Kirby 1pm-2pm | Line Dancing with Joanne Keephart 9:30am-11am Tai Chi with Liz Allen 12:30pm-1:30pm Circuit Training with Jeff Prunetti 2pm-3pm |

To inquire or register, please stop by or call the

Senior Department at **609-883-1776 x6205** or

visit **Room 207** on the 2nd floor at 320 Hollowbrook Drive, Ewing NJ 08638

All classes held in the Community Room at Hollowbrook Community Center



AARP TAX-AIDE

Tax Help Available

Mondays, February 5, 2024-April 15, 2024
9:30 am - 12:00 pm

Get your taxes done for free.

Free tax help for most individuals is available from qualified accountants with the AARP. This program is open to taxpayers of all ages and AARP membership is not required.

Appointments are required and pre-appointment packets must be picked up and filled out prior to appointments.

To make an appointment please visit the Hollowbrook Branch or call 609-883-5914.



Hollowbrook Branch

320 Hollowbrook Drive
Ewing, New Jersey 08638 | 609-883-5914
www.mcl.org



February 2024

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|--|--|---|---|---|
| HB HOLLOWBROOK COMMUNITY CENTER 320 HOLLOWBROOK DR EWING, NJ 08638 609-883-1776 | SENIOR OFFICE 609-883-1776 X 6205 OR 6216 2ND FLOOR RM # 207 | RECREATION OFFICE 609-883-1776 X 6202 2ND FLOOR RM # 208 | WATERCOLOR WEDNESDAY'S 10:30-1:00PM MCL-EWING BRANCH | 1 <u>CLUB D 11:00AM # 201</u> 10:00 EXERCISE- COMM RM 1:00 RUMMIKUB- 205 1:00 BALANCE- COMM RM 1:00 BID WHIST- 201/202 1:00 PINOCHLE- MCL-EWING BRANCH | 2 <u>MEDICARE PATROL</u> <u>WORKSHOP 10:30AM #201</u> 9:30 LINE DANCING-COMM RM 12:30 TAI CHI- COMM RM 2:00 CIRCUIT TRAINING- COMM RM <u>GROUNDHOG DAY</u> | 3 SENIOR CENTER CLOSED |
| 4 SENIOR CENTER CLOSED | 5 10:00 EXERCISE- COMM RM 1:00 JEWELRY/ CRAFT- 201 | 6 10:00 EXERCISE- COMM RM 12:30 BIBLE STUDY- #201 12:30 BINGO- COMM RM | 7 9:00 CHAIR YOGA- COMM RM 9:00 KNITTING/ CROCHET- 201 1:00 ZUMBA- COMM RM 1:00 MEXICAN TRAIN- 205 5-CROWN 2:00 MAHJONGG- 201/202 | 8 <u>LIVEWIRES 11:00AM # 201</u> 10:00 EXERCISE- COMM RM 1:00 RUMMIKUB- 205 1:00 BALANCE- COMM RM 1:00 BID WHIST- 201/202 1:00 PINOCHLE- MCL-EWING BRANCH | 9 <u>HB SENIORS 1:00PM # 201</u> 9:30 LINE DANCING-COMM RM 12:30 TAI CHI- COMM RM 2:00 CIRCUIT TRAINING- COMM RM | 10 <u>CHINESE NEW YEAR</u> SENIOR CENTER CLOSED |
| 11 SENIOR CENTER CLOSED | 12 10:00 EXERCISE- COMM RM 1:00 JEWELRY/ CRAFT- 201 | 13 10:00 EXERCISE- COMM RM 12:30 BIBLE STUDY- #201 12:30 BINGO- COMM RM | 14 <u>VALENTINE'S DAY</u> <u>ASH WEDNESDAY</u> 9:00 CHAIR YOGA- COMM RM 9:00 KNITTING/ CROCHET- 201 1:00 ZUMBA- COMM RM 1:00 MEXICAN TRAIN- 205 5-CROWN 2:00 MAHJONGG- 201/202 | 15 <u>SCAC 10:00AM #201</u> <u>OPEN PUBLIC MTG</u> 10:00 EXERCISE- COMM RM 1:00 RUMMIKUB- 205 1:00 BALANCE- COMM RM 1:00 BID WHIST- 201/202 1:00 PINOCHLE- MCL-EWING BRANCH | 16 9:30 LINE DANCING- # 201 12:30 TAI CHI- # 201 CIRCUIT TRAINING- CANCELLED SENIOR BRUNCH 11:30-1:30PM COMM RM FEATURING "DJ SMITTY " & YOUNG AT HEART DANCERS \$9.00 PP/ \$14.00 COUPLE | 17 SENIOR CENTER CLOSED |
| 18 SENIOR CENTER CLOSED | 19 PRESIDENT'S DAY SENIOR CENTER CLOSED | 20 <u>BUSY C'S 11:00AM #201</u> 10:00 EXERCISE- COMM RM 12:30 BIBLE STUDY- #201 12:30 BINGO- COMM RM | 21 9:00 CHAIR YOGA- COMM RM 9:00 KNITTING/ CROCHET- 201 1:00 ZUMBA- COMM RM 1:00 MEXICAN TRAIN- 205 5-CROWN 2:00 MAHJONGG- 201/202 | 22 10:00 EXERCISE- COMM RM 1:00 RUMMIKUB- 205 1:00 BALANCE- COMM RM 1:00 BID WHIST- 201/202 1:00 PINOCHLE- MCL-EWING BRANCH | 23 9:30 LINE DANCING-COMM RM 12:30 TAI CHI- COMM RM 2:00 CIRCUIT TRAINING- COMM RM | 24 SENIOR CENTER CLOSED |
| 25 SENIOR CENTER CLOSED | 26 10:00 EXERCISE- COMM RM 1:00 JEWELRY/ CRAFT- 201 | 27 10:00 EXERCISE- COMM RM 12:30 BIBLE STUDY- #201 12:30 BINGO- COMM RM | 28 9:00 CHAIR YOGA- COMM RM 9:00 KNITTING/ CROCHET- 201 1:00 ZUMBA- COMM RM 1:00 MEXICAN TRAIN- 205 5-CROWN 2:00 MAHJONGG- 201/202 | 29 10:00 EXERCISE- COMM RM 1:00 RUMMIKUB- 205 1:00 BALANCE- COMM RM 1:00 BID WHIST- 201/202 1:00 PINOCHLE- MCL-EWING BRANCH | <u>TRANSPORTATION</u> JUSTIN LATINI- VAN DRIVER 609- 498-4931 TRADE 609-530-1971 | MERCER COUNTY NUTRITION CENTER SITE MANAGER Mr. Aaron 320 HOLLOWBROOK DR EWING, NJ 08638 609-883-4150 |

CALENDAR SUBJECT TO CHANGE

EWING SENIOR CLUB OFFICERS

HOLLOWBROOK SENIORS

- PRESIDENT....Florine Warner 609-882-9324
- RECORDING SEC....Lorraine D. Hall-609-882-7564
- FINANCIAL SEC....Carol Summers....609-587-5014
- TREASURER....Marion Burroughs....609-882-1393
- CHAPLAIN....Dora Smith....609-883-2254

LIVE WIRES

- PRESIDENT....Mary Bock 609-882-0704
- CHAPLAIN.... Dolores Deblasio 609-882-6637
- SECRETARY....Carol Flanders 609-882-4915
- TRAVEL.... Nancy Howarth 609-587-5014

BUSY "C"

- PRESIDENT.... Sylvia Carroll 609-882-0723
- VICE PRESIDENT....Marge Swanhardt 609-882-9111
- SECRETARY....Kitty Elder 609-882-6370
- TREASURER....Netti Krolikowski 609-538-9214
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CLUB D

- PRESIDENT....Tula Arland 609-883-5938
- VICE PRESIDENT....Edward Smith 609-882-6972
- TREASURER....
- SECRETARY....
- CORR. SEC..... Joanne Dressler 609-882-8085
- TRAVEL....

EWING SENIOR OFFICE TEAM

609-883-1776

Kathleen Ragoonath- Supervisor (x 6206)

Anne Cheslock- Secretary (x 6216)

Sonya Pritchett- Secretary (x 6205)

Justin Latini- Van Driver 609-498-4931



Newsletter Can Be Found On The Township's Web Page
Go To: www.ewingnj.org