

INTERNATIONAL COOKING PROGRAM

JUNE 24, 2022 @ ESCC 1-3PM

TASTE THE ISLAND CUISINE OF PUERTO RICO !!

\$8PP/ \$13 COUPLE

SIGN UP BY 6/20/22



SENIOR SWIM PROGRAM

MONDAY, JUNE 20-FRIDAY, JUNE 24TH (FREE SWIM-ESCC)

MONDAY, JUNE 27-FRIDAY AUGUST 19TH (SWIM PROGRAM-ESCC)

Water Aerobics Class: 9:30AM-10:30AM...Free Lap Swim 9:30AM—12NOON

MONDAY,, JUNE 27-FRIDAY AUGUST 19TH (SWIM PROGRAM-HB)

WATER AEROBICS CLASS: 9:00am-10:00AM

SUMMER TIME BEGINS 6/21



"A FATHER IS NEITHER AN ANCHOR TO HOLD US BACK, NOR A SAIL TO TAKE US THERE, BUT A GUIDING LIGHT WHOSE LOVE SHOWS US THE WAY."

FATHER'S DAY JUNE 19TH



May 5, 2022 meeting was attended by 15 members and 1 guest. The meeting was opened with a flag salute. April meeting minutes were read and approved. The Treasures report was given and approved.

Joanne Barry our Travel person scheduled a bus trip to Hunterdon Hills Theater on December 8, 2022, for the **Christmas Show** . Call Joanne Barry for more information and details 609-895-1454 . June lunch will be held on Thursday June 9th, 2022 at Sal De Forte's Ristorante on Parkway Avenue 12:00 noon. If you plan to attend please call Pat Wojciechowski at 609-771-4245, for more information and to make your menu selection.

Susan Miller and Jaime Caceres from Hamilton Physical Therapy Services were our guest speakers that discussed the need for therapy with Q&A by our members. Many thanks to Sue and Jaime.

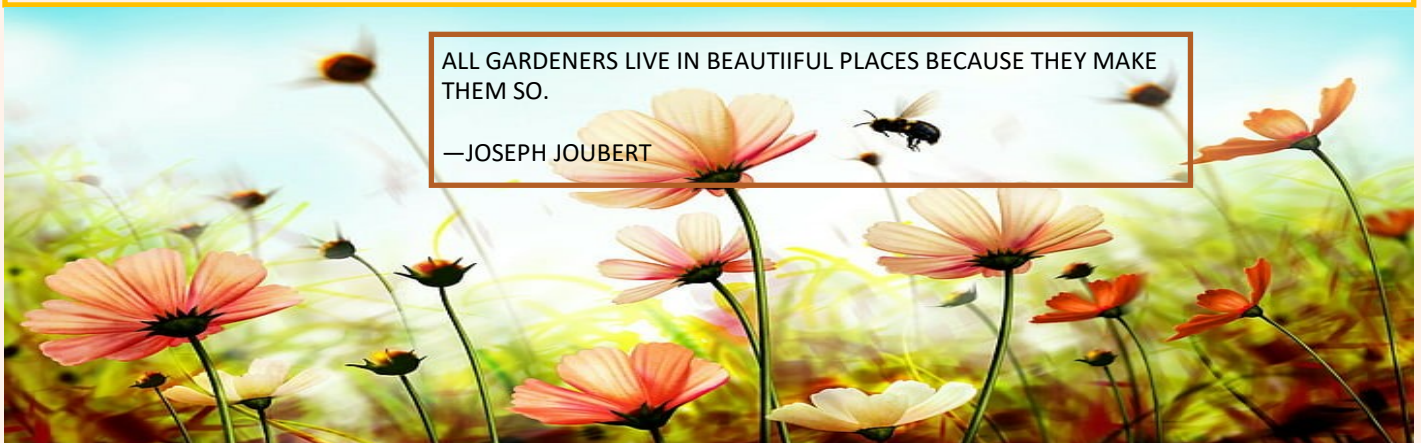
Our next meeting will be Thursday September 1st, 2022.

MAY BIRTHDAYS– Joanne Dressler (5-7)
Pat Wojciechowski (5-13)



ALL GARDENERS LIVE IN BEAUTIFUL PLACES BECAUSE THEY MAKE THEM SO.

—JOSEPH JOUBERT



TECH FOR SENIORS BASIC COMPUTER CLASSES

**1st & 3rd MONDAY OF THE MONTH
STARTING 06/06/2022**

**Computer Lab Hollowbrook Community Center
320 Hollowbrook Drive
Ewing, NJ 08638**

**CALL TO REGISTER FOR CLASS AT THE EWING
SENIOR CENTER 609-883-1776 x 6205 or 6216**

EWING SENIOR FALL BUS TRIP

DOOLAN'S AT SPRING LAKE

TRIBUTE TO FRANKIE VALLI AND FOUR SEASON
(BY THE JERSEY FOUR)

ROCK AND ROLL ERA OF THE 60'S

YOU WILL ALSO ENJOY A HILARIOUS COMEDIAN



WEDNESDAY, OCTOBER 26TH 2022

COST— \$ 55.25 INCLUDE LUNCH AND SHOW
11:30-3:30PM

BUS WILL BE DEPARTING FROM ESCC 9:30AM

FLYER AND CHOICE OF MENU TO FOLLOW

Mary Bock, President called the meeting to order on May 12, 2022. There were (11) members in attendance. We saluted the flag and sang God Bless America.

Treasurers – no reports

Sunshine– none

Pinky Canulli home from rehab and getting better.

Our bus trip will be on June 2nd, to Hunterdon Hills Playhouse: with Joyce Dewitt “ I left My Dignity in My Other Purse”, leaving Ewing Senior Center at 9:30AM.

The last meeting in June will be held at Mama Flores for lunch.

Carol Flanders-



Fourteen members attended our May 13th meeting.

Thanks to Susan Miller and Mark Laurinatts from **HTPS**. They gave an interesting and informative presentation on arthritis related conditions. Members were able to ask questions following their presentation.

Lorraine Hall reported that she had visited **HomeFront** office. Following discussion about the needs of this program, the members agreed to support Homefront's "Back to School" drive. We will be asking everyone who attends our annual picnic to bring some school supplies.

Our annual picnic will be held on Friday, June 13th at 1:00 P.M. It will take place at the Ewing Senior and Community Center. Members who plan to attend should contact our President, Florine Warner.

Lorraine D. Hall-

*"The place to improve the world is first
In one's own heart and head and hands."*

-Robert Persig



Our meeting was held on May 19, 2022. We had nine members In attendance. Marge Swanhart offered the prayer and salute to the Flag and singing of "God Bless America." We all had a moment of silence to remember Sally Houghton who passed away.

Sylvia Carroll read the minutes of our previous meeting as Kitty Elder could not attend. They were approved and Sylvia also gave the Treasurer's report as we still had no **Treasurer**. But before the end of our meeting **Betty Donnelly** accepted the position of **Treasurer**. Thanks "Betty."

We talked about our June picnic and voted to go to lunch on Tuesday June 21, 2022 at Mama Flora's at 11:00AM instead of the picnic.

Sylvia also sent sympathy card to the Houghton Family and "Get Well" card to Angie Martorano.

Joan Keefe asked for a moment of Silence for the shooting in Buffalo and California.

Thanks to Betty Donnelly for delicious cake and Sylvia Carroll for coffee and donuts. The meeting was adjourned and enjoying of desserts and socialization followed.

Our next luncheon will be June 21, 2022 at 11:00 AM at Mama Flora's , Olden Avenue Shoprite Center. See everyone there....



SENIOR SWIM- ESCC 9:30AM

SENIOR SWIM -HB 9:00AM

June 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>ESCC EWING SENIOR & COMMUNITY CENTER 609-883-1176</p> <hr/> <p>HB HOLLOWBROOK COMMUNITY CENTER 609-883-1199</p>	<p><u>TRANSPORT</u> JUSTIN LATINI 609-498-4931</p> <p>TRADE 609-530-1971</p>	<p>MERCER COUNTY NUTRITION PROGRAM MS. WANDA SITE MANAGER 609-883-4150</p>	<p>1 8:30 BILLIARDS-ESCC 9:30-KNITTING/CROCHET-ESCC 10:30 WATERCOLOR-ESCC 10:30 ADULT COLORING-ESCC 11:00 CHAIR YOGA-ESCC-ESCC 12:30 MEXICAN TRAIN-ESCC 2-4 MAHJONGG-HB</p>	<p>2 <u>CLUB D- OFF SITE</u> 8:30 BILLIARDS-ESCC 10:00 EXERCISE -ESCC 12:30 PINOCHLE-ESCC 1:00 BALANCE- ESCC 1:00 RUMMIKUB-ESCC 1:00 BID WHIST-ESCC</p>	<p>3 8:30 BILLIARDS -ESCC 9:30 LINE DANCING-ESCC 1:30 CIRCUIT-ESCC</p>	<p>4 BILLIARDS-ESCC 9:45 ~ 4:45</p>
<p>5 SENIOR CENTER CLOSED</p>	<p>6 8:30 BILLIARDS- ESCC 10:00 WALKING CLUB- ESCC 10:00 EXERCISE-ESCC 1:00 JEWELRY/CRAFT ESCC</p>	<p>7 8:30 BILLIARDS ESCC 10:00 EXERCISE-ESCC 10:00 GARDEN CLUB ESCC 12:00 BINGO ESCC</p>	<p>8 8:30 BILLIARDS-ESCC 9:30-KNITTING/CROCHET-ESCC 10:30 WATERCOLOR-ESCC 10:30 ADULT COLORING-ESCC 11:00 CHAIR YOGA-ESCC-ESCC 12:30 MEXICAN TRAIN-ESCC 2-4 MAHJONGG-HB</p>	<p>9 <u>LIVEWIRES OFF SITE</u> 8:30 BILLIARDS-ESCC 10:00 EXERCISE -HB 12:30 PINOCHLE-ESCC 1:00 BALANCE- ESCC 1:00 RUMMIKUB-ESCC 1:00 BID WHIST-ESCC</p>	<p>10 <u>HB SENIOR PICNIC 1-3PM PATIO AREA</u> 8:30 BILLIARDS -ESCC 9:30 LINE DANCING-ESCC 1:30 CIRCUIT-ESCC</p>	<p>11 BILLIARDS -ESCC 9:45 ~ 4:45 SENIOR CENTER FLEA MARKET SET UP 7A ~ 8AM TIME: 8AM ~ 1PM</p>
<p>12 SENIOR CENTER CLOSED</p>	<p>13 8:30 BILLIARDS-ESCC 10:00 WALKING CLUB-ESCC 10:00 EXERCISE ESCC 1:00 JEWELRY/CRAFT ESCC</p>	<p>14 <u>FLAG DAY</u> 8:30 BILLIARDS ESCC 10:00 EXERCISE-ESCC 10:00 GARDEN CLUB ESCC 12:00 BINGO ~ ESCC 1:00 SENIOR SCHOLAR'S HB</p>	<p>15 <u>CLUB A OFF SITE</u> 8:30 BILLIARDS-ESCC 9:30-KNITTING/CROCHET-ESCC 10:30 WATERCOLOR-ESCC 10:30 ADULT COLORING-ESCC 11:00 CHAIR YOGA-ESCC-ESCC 12:30 MEXICAN TRAIN-ESCC 2-4 MAHJONGG-HB</p>	<p>16 8:30 BILLIARDS-ESCC 10:00 EXERCISE -ESCC 12:30 PINOCHLE-ESCC 1:00 BALANCE- ESCC 1:00 RUMMIKUB-ESCC 1:00 BID WHIST-ESCC</p>	<p>17 8:30 BILLIARDS -ESCC 9:30 LINE DANCING-ESCC 1:30 CIRCUIT-ESCC</p>	<p>18 BILLIARDS-ESCC 9:45 ~ 4:45</p>
<p>19 FATHER'S DAY SENIOR CENTER CLOSED</p>	<p>20 8:30 BILLIARDS-ESCC 10:00 WALKING CLUB-ESCC 10:00 EXERCISE-ESCC 1:00 JEWELRY/CRAFT ESCC</p>	<p>21 <u>BUSY C'S OFF SITE</u> 8:30 BILLIARD ESCC 10:00 EXERCISE-ESCC 10:00 GARDEN CLUB ESCC 12:00 BINGO ~ ESCC</p>	<p>22 8:30 BILLIARDS-ESCC 9:30-KNITTING/CROCHET-ESCC 10:30 WATERCOLOR-ESCC 10:30 ADULT COLORING-ESCC 11:00 CHAIR YOGA-ESCC-ESCC 12:30 MEXICAN TRAIN-ESCC 2-4 MAHJONGG-HB</p>	<p>23 8:30 BILLIARDS-ESCC 10:00 EXERCISE -ESCC 2:30 PINOCHLE-ESCC 1:00 BALANCE- ESCC 1:00 RUMMIKUB-ESCC 1:00 BID WHIST-ESCC</p>	<p>24 <u>INT'L COOKING 1-3</u> 8:30 BILLARDS- ESCC 9:30 LINE DANCING-ESCC (GYM) 1:30 CIRCUIT -ESCC (GYM)</p>	<p>25 BILLIARDS-ESCC 9:45 ~ 4:45</p>
<p>26 SENIOR CENTER CLOSED</p>	<p>27 8:30 BILLIARDS-ESCC 10:00 WALKING CLUB -ESCC 10:00 EXERCISE-HB 1:00 JEWELRY/CRAFT ESCC</p>	<p>28 8:30 BILLIARDS -ESCC 10:00 EXERCISE-HB 10:00 GARDEN CLUB ESCC 12:00 BINGO ~ESCC SPECIAL</p>	<p>29 8:30 BILLARDS-ESCC 9:30-KNITTING/CROCHET-ESCC 10:30 WATERCOLOR-ESCC 10:30 ADULT COLORING-ESCC 11:00 CHAIR YOGA-HB 12:30 MEXICAN TRAIN-ESCC 2-4 MAHJONGG-HB</p>	<p>30 8:30 BILLIARDS-ESCC 10:00 EXERCISE -HB 12:30 PINOCHLE-ESCC 1:00 BALANCE- HB 1:00 RUMMIKUB-ESCC 1:00 BID WHIST-ESCC</p>	<p>EXERCISE CLASSES CHAIR YOGA BALANCE LINE DANCING WILL BE AT HB CENTER AS OF 06/27/2022</p>	<p>CALENDER SUBJECT TO CHANGE</p>