

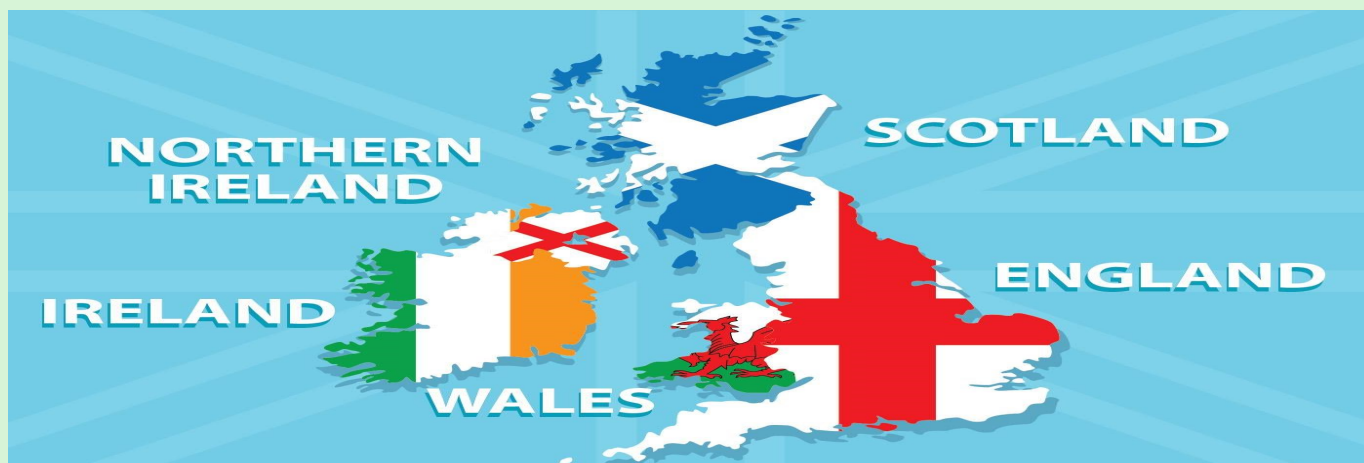
INTERNATIONAL COOKING

JOIN US ON FRIDAY, MARCH 24TH, 2023 12-2PM.

COME TASTE THE FOODS FROM "BRITISH ISLE".

\$8PP/\$13 COUPLE

SIGN UP AT THE SENIOR OFFICE BY MARCH 14TH



*May the wind of fortune sail you,
May you sail a gentle sea,
May it always be the other guy who says
this drink's on me..*



MARCH CELEBRATES ALL WOMEN!



Mary Bock called the meeting to order by saluting the flag and singing God Bless America. Mary was excited to introduced 4 new members that recently joined .

There was no old business to discuss.

Treasurer's report was reviewed and approved.

We welcome guest speaker Mr. John Neylan, Humana Insurance Agent.

Topic: Medicare 101/ Healthy Sleep

Sunshine: get well cards sent to Nancy Howarth and Marcie Kyte.

Trips: Nancy Howarth will be looking into several trips this year and will inform us.

At our next meeting, Debbie Shuster and Richard Laube will provide refreshments. Clean up will be Carol and Delores.

Next meeting March 9th, 11:00 AM hope to see everyone.

Carol Flanders- Secretary



CLUB D NEWSLETTER

2023

February 2, 2023 meeting was attended by 15 members and two guests. The meeting was opened with a prayer and flag salute.

January meeting was canceled. Until further notice all of our club meetings will be held at Hollowbrook Community Center (Rm# 201-202) at 11:00 AM, on the first Thursday of the month. Minutes were read and reviewed.

Treasurers report was given and approved.

Joanne Barry our Travel person will be looking into future bus trips. More information will follow at our next meeting.

Our members, Blanche Farber is at Greenwood House and Jennie Maruca is recuperating at home. We wish them a speedy recovery. Sympathy cards were sent to the families of Betty Zargiel for her passing. We will always remember her smiles and her many friendships at Club D.

2023 dues are now being collected, and are due by April 6th meeting, the cost \$10.

Next meeting will be held on Thursday March 2nd, please try to attend if you can.



BUSY "C" NEWSLETTER

Sylvia Carroll opened our meeting on Tuesday, February 21, at 11:00 AM. She led us in prayer, Flag salute and sang God Bless America, in the absence of our Vice President Marge Swanhardt.

We had eight members in attendance in today, and one new member, Mary Scanella, who we all welcomed. Sylvia gave the Treasurers report. Kitty Elder read the minutes of the previous meeting which was approved. No new program this month.

Under old business, Sylvia informed the member that she and Kitty Elder reviewed our bylaws and recommended membership noted for the changes.

Delores Sebasto is still in Greenwood House, and Fran Zenchek visited her. Our birthday lady Helen Mich, she is 96 years young. God Bless !!

Sylvia also announced Hollowbrook Senior is going to see "MOSES" at Sight and Sound on May 25th. The price is \$125. If anyone would like to go. We had no new business to discuss, meeting was adjourned. Sylvia thanked Mary Cox for her delicious cake which we all enjoyed with coffee. Next meeting Tuesday, March 21, 2023.



Sylvia Carroll-President

HOLLOWBROOK SENIORS NEWS 2023

We finalized plans for a trip to "Sight and Sound", to see "MOSES" on Thursday, May 25 2023. Cost \$125 per person. Lunch at Shady Maples Smorgasbord, non refundable deposit (\$50.00). Balance will be due by April 25, 2023.

Contact Persons

Marion Burroughs-609-882-1393 Lorraine Hall- 609-882-7564

Florine Warner- 609-882-9324 June Bailey- 609- 883-6347

At our February 10th meeting, we recognized "Black History Month". Lorraine Hall shared pictures and information about famous persons with roots in Trenton and New Jersey.

Al Downing (N.Y. Yankees and Brooklyn Dodgers)

David Dinkins (First Black Mayor of New York City)

Sara Dash and **Nona Hendryx** (Members of La Bella Singing Grp)

N.J. Natives- **Cousins Dionne Warwick and Whitney Houston**

(singers and actresses); **Shaquille O'Neal** (Basketball Star) ;

Derek Jeter (N.Y. Yankees); **Paul Robeson** (Singer, actor, athlete)

We plan to recognize "Women's History Month" at our March 17th meeting.

MARCH BIRTHDAYS



Verlie Williams 3/7

Terry Dutton-3/24

Katie Harvin-3/29

Grace Montgomery 3/29

"It isn't enough to talk about peace, one must believe in it. And it isn't enough to believe in it, one must work at it."

Lorraine D. Hall-Reporter

Have Medicare & Need Assistance?

There are programs that may be
able to help.

**Programs available for Low-Income Medicare
beneficiaries include:**



- *PAAD/Senior Gold*
- *SLMB/QI*
- *LIHEAP*
- *LIS*
- *Lifeline*
- *SNAP*

*Contact Mercer SHIP to be screened for eligibility,
application assistance or to schedule a free, unbiased
Medicare counseling session.*

Phone: 609-695-6274 Ext. 215

www.chsofnj.org/ship

**This project is supported by grant DOAS22MPA004 from the U.S.
Administration for Community Living.**



SHIP

State Health Insurance
Assistance Program

Navigating Medicare

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Community Living.



AARP TAX-AIDE

Tax Help Available

Mondays, 9:30 am - 12:00 pm

Get your taxes done for free.

Free tax help for most individuals is available from qualified accountants with the AARP. This program is open to taxpayers of all ages and AARP membership is not required.

Appointments are required and pre-appointment packets must be picked up and filled out prior to appointments.

To make an appointment please visit the Hollowbrook Branch or call 609-883-5914.



Hollowbrook Branch

320 Hollowbrook Drive
Ewing, New Jersey 08638 | 609-883-5914
www.mcl.org

WATERCOLOR WEDNESDAYS- 10:30-1PM
PINOCHLE- THURSDAY'S- 1:00-4PM
LOCATED- EWING LIBRARY

March 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
HOLLOWBROOK COMMUNITY CENTER HOLLOWBROOK DR EWING, NJ 08638 609-883-1199	SENIOR OFFICE 2ND FLOOR # 207 609-883-1176 M-F 8:30-4:30PM RECREATION OFFICE 2ND FLOOR # 208 M-F 8:30-4:30PM	<u>TRANSPORT</u> JUSTIN LATINI 609-498-4931 <u>TRADE</u> 609-530-4130	1 9:30 KNITTING/CROCHET-201 11:00 CHAIR YOGA- 201/202 1:00 MEXICAN TRAIN- 205 2-4PM MAHJONGG- 201-202	2 <u>CLUB D 11:00AM</u> 10:00 EXERCISE- COMM RM 1:00 RUMMIKUB- # 205 1:00 BALANCE- COMM RM 1:00 BID WHIST- 201/202	3 9:30 LINE DANCING-COMM ROOM 12:30 CIRCUIT TRAINING- COMM ROOM	4 SENIOR CENTER CLOSED
5 SENIOR CENTER CLOSED	6 10:00 EXERCISE-COMM RM 1:15 JEWELRY/ CRAFT #201	7 10:00 EXERCISE- COMM RM 12:30 BIBLE STUDY #201 12:30 BINGO-COMM RM 1:00 SENIOR SCHOLARS- COM/ LAB	8 9:30 KNITTING/CROCHET-201 11:00 CHAIR YOGA- 201/202 1:00 MEXICAN TRAIN- 205 2-4PM MAHJONGG- 201-202	9 <u>LIVEWIRES 11:00AM</u> 10:00 EXERCISE- COMM RM 1:00 RUMMIKUB- # 205 1:00 BALANCE- COMM RM 1:00 BID WHIST- 201/202	10 <u>HB SENIORS 1:00PM</u> 9:30 LINE DANCING-COMM ROOM 12:30 CIRCUIT TRAINING- COMM/ROOM	11 SENIOR CENTER CLOSED
12 <u>DAY LIGHT SAVINGS TIME BEGINS</u> SENIOR CENTER CLOSED	13 10:00 EXERCISE- COMM RM 12:00 TECH/ SR-COM/ LAB 1:15 JEWELRY/ CRAFT # 201	14 10:00 EXERCISE- COMM RM 12:30 BIBLE STUDY #201 12:30 BINGO-COMM RM 1:00 SENIOR SCHOLARS- COM/ LAB	15 9:30 KNITTING/CROCHET-201 11:00 CHAIR YOGA- 201/202 1:00 MEXICAN TRAIN- 205 2-4PM MAHJONGG- 201-202	16 <u>SCAC 10AM OPEN PUBLIC MEETING</u> 10:00 EXERCISE- COMM RM 1:00 RUMMIKUB- # 205 1:00 BALANCE- COMM RM 1:00 BID WHIST- 201/202	17 <u>ST. PATRICK'S DAY</u> 9:30 LINE DANCING-COMM ROOM 12:30 CIRCUIT TRAINING- COMM/ROOM	18 SENIOR CENTER CLOSED
19 SENIOR CENTER CLOSED	20 <u>FIRST DAY OF SPRING</u> 10:00 EXERCISE- COMM RM 1:15 JEWELRY/ CRAFT #201	21 <u>BUSY C'S 11:00AM</u> 10:00 EXERCISE- COMM RM 12:30 BIBLE STUDY #201 12:30 BINGO-COMM RM 1:00 SENIOR SCHOLARS- COM/ LAB	22 9:30 KNITTING/CROCHET-201 11:00 CHAIR YOGA- 201/202 1:00 MEXICAN TRAIN- 205 2-4PM MAHJONGG- 201-202	23 10:00 EXERCISE- COMM RM 1:00 RUMMIKUB- # 205 1:00 BALANCE- COMM RM 1:00 BID WHIST- 201/202 1:30 CHROME OS-COM LAB	24 <u>NO CIRCUIT TRAINING</u> 9:30-LINE DANCING- 201 INTERNATIONAL LUNCHEON PROGRAM 12-2PM TASTE OF THE BRITISH ISLE... \$8 PP/ 13 COUPLE	25 SENIOR CENTER CLOSED
26 SENIOR CENTER CLOSED	27 10:00 EXERCISE- COMM RM 12:00 TECH/ SR-COM / LAB 1:15 JEWELRY/ CRAFT # 201	28 10:00 EXERCISE- COMM RM 12:30 BIBLE STUDY #201 12:30 BINGO-COMM RM 1:00 SENIOR SCHOLARS- COM/ LAB	29 9:30 KNITTING/CROCHET-201 11:00 CHAIR YOGA- 201/202 1:00 MEXICAN TRAIN- 205 2-4PM MAHJONGG- 201-202	30 10:00 EXERCISE- COMM RM 1:00 RUMMIKUB- # 205 1:00 BALANCE- COMM RM 1:00 BID WHIST- 201/202	31 9:30 LINE DANCING-COMM ROOM 12:30 CIRCUIT TRAINING- COMM/ROOM	